

Trinity Olympians

Aifric Keogh



*Pictured on the left

 Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Trinity Sport

Sport: Rowing
Olympics: 2020, Tokyo (Bronze)

Trinity College Dublin:
MBA (2022)

Aifric Keogh is an Olympic Bronze Medalist and Trinity Alumni, competing in the Coxless Women's Four at the 2020 Olympics in Tokyo. Aifric received a scholarship to study for her MBA at Trinity College in 2022. She rowed for the Dublin University Ladies Boat Club (DULBC) during her time at Trinity.

In the lead up to the 2020 Olympics (which were postponed to 2021 due to the COVID-19 Pandemic), Aifric won Bronze at the European Rowing Championships in Poznan. She took home a Gold Medal at the 2021 World Championships, securing her boat's place in the Tokyo Olympics.

At the 2020 Tokyo Olympics, Aifric and her team became the first Irish women's team to win an Olympic Medal in rowing. Alongside Eimear Lambe, Emily Hegarty and Fiona Murtagh, finished in 3rd overall, bringing home a Bronze medal in the Coxless Women's Four.

Following her Olympic success, Aifric secured 4th place in the W2 category at the World Rowing Championships in 2023. This win, alongside former Olympic teammate Fiona Murtagh, qualified the boat for the 2024 Paris Olympic Games.

Trinity Paralympians

Charley Nordin



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Trinity Sport

Sport: Rowing
Paralympics: 2020, Tokyo

Trinity College Dublin:
MSc (2022)

Charley Nordin is a Paralympic Silver Medalist from California, USA. Just two days after competing in the 2020 Tokyo Olympics Nordin arrived at Trinity College to study for his Masters.

Nordin had a late start to rowing, playing only soccer and track & field before college. He walked on to the Gonzaga University rowing team in his freshman year. Just three years later, Nordin finished 2nd in the 2018 Rowing World Championships. He took home another silver medal the following year in 2019.

Nordin represented the United States in the 2020 Paralympic Games held in Tokyo, Japan. His team won the Silver medal in the PR3 Coxed Four Event, rowing alongside Trinity Alumni and former Scholarship Athlete, John Tanguay.

While at Trinity he was a Sport Scholarship athlete and a member of the Dublin University Boat Club.

Trinity Paralympians

John Tanguay



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Trinity Sport

Sport: Rowing

Trinity College Dublin:
MSc (2021)

Paralympics: 2020, Tokyo (Silver)

John Tanguay is Paralympic Silver Medalist from the United States. He was selected for the US Paralympic Rowing team in 2021 while studying for his Master's at Trinity College.

Tanguay trained with the Dublin University Boat Club (DUBC) during his time at Trinity.

Before coming to Trinity he rowed for Columbia University. In the fall of 2019 he won a silver medal at the World Rowing Championships, competing in the mixed PR3 Coxed Four.

His senior season at Columbia University was cancelled due to the COVID-19 Pandemic in 2020. Tanguay represented the United States at the 2020 Paralympic Games in Tokyo the following year.

His team finished in 2nd place, winning a silver medal in the PR3 Coxed Four Event. He rowed alongside Charley Nordin, who would row for DUBC and become a Trinity Scholarship Athlete in the following year.

Trinity Olympians

Carolyn Hayes



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Trinity Sport

Sport: Triathlon
Olympics: 2020, Tokyo

Trinity College Dublin:
BSc Physiology (2011)

Carolyn Hayes is an Olympic triathlete and Trinity Alumni. Hayes first represented Ireland internationally in water polo. While at Trinity she captained both the water polo and swimming club. She was awarded a Sport Scholarship for her outstanding athletic performance.

After graduating with a degree in physiology, Hayes began her career in triathlon. She quickly dominated the domestic triathlon scene, making her international debut in 2014 at age 26.

Carolyn qualified for the Tokyo Olympics in 2020 after winning silver at the World Triathlon Cup Lisbon and finishing 10th in her third World Triathlon Championship.

In her career, Hayes started in 36 triathlons, with 17 podium finishes and seven wins.

In addition to her triathlon career, Hayes has run both the Dublin and New York Marathon. She currently works as an Anesthesiologist at University Hospital in Limerick.

Trinity Olympians

Jack Kelly



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Trinity Sport

Sport: Rugby

Trinity College Dublin:
BA Law (2019)

Olympics: 2020 Tokyo

Jack Kelly is an Olympic Rugby player from Dublin. He studied law at Trinity College and was a member of the Dublin University Football Club for the duration of his studies.

Kelly joined the Leinster Academy immediately after leaving school in 2016. He was selected to captain the Irish U20 Rugby team for the 2017 Six Nations. He debuted with the senior team two years later at the 2019 London Sevens – the final match leading up to the 2019 World Rugby Sevens Series.

The following year Kelly had his breakout season, leading all Irish forwards with nine clean breaks and eight tries at the 2020 World Rugby Sevens Series.

He was a member of the Irish National Sevens team that qualified for the 2020 Tokyo Olympics. Ireland finished 10th overall.

Kelly and the Irish National Seven's Team beat Great Britain in the 2023 European Championships to qualify for the 2024 Olympics in Paris.

As of 2024, Jack Kelly has won 12 caps.

Trinity Olympians

Katie Mullan



 Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Trinity Sport

Sport: Field Hockey

Trinity College Dublin:
MBA (2022)

Olympics: 2020, Tokyo

Katie Mullan is an Olympic Field Hockey player and Trinity Alumni.

Mullan began her athletic career as a Camogie player for the Eoghan Rua team out of Northern Ireland. Her team won the 2010 All-Ireland Intermediate Club Camogie championship. That same year Mullan-represented Ireland in the 2010 Youth Olympic Games for field hockey.

Mullan has been playing for the Irish National Hockey Team since 2012. She saw success early in her international career, including two first place finishes in the World League in 2015 and 2017. She was named captain of the Irish National Team in 2016, leading her team to Gold at the FIH Hockey World League in 2017 and Silver in the 2018 World Cup.

She represented Ireland in the 2020 Olympic games in Tokyo, Japan. The team finished 10th overall.

Mullan came to Trinity in 2022, pausing her professional career as a Visual Engineer to study for her MBA. During this time, she continued training full-time with the Irish National Hockey team.